



John Salomone  
Town Manager

# TOWN OF NEWINGTON

131 Cedar Street Newington, Connecticut 06111

**Department of Human Services**



Ken Freidenberg  
Director

## INFORMATION SHEET

### NEWINGTON FOOD BANK AND HOLIDAY FOOD, TOY AND GIFT PROGRAM

- ❖ The Food Bank is open Tuesdays from 1-3pm, Thursdays 9am -12pm and the second and fourth Monday from 4-6:45pm.
- ❖ An average of 125 Newington households is served each month by the Newington Food Bank.
- ❖ Over 313 households representing 728 residents are served through the Holiday Food, Toy and Gift Program.
- ❖ Newington Senior Citizens and Persons with Disabilities account for more than 27% of the Holiday Baskets.
- ❖ The Holiday Food, Toy and Gift Program serve over 279 Newington Children.
- ❖ The annual income for a household of four, who is eligible for the Newington Food Bank and Holiday Food and Gift Program is less than \$44,000
- ❖ The annual income for a senior citizen living alone and eligible for the Food Bank and Holiday Food and Gift Program is less than \$22,000

***PLEASE DONATE NON PERISHABLE FOOD ITEMS OR MONEY TO THE NEWINGTON FOOD BANK AND HOLIDAY FOOD AND GIFT PROGRAM. SEE THE OTHER SIDE FOR FOOD ITEMS NEEDED***

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[www.newingtonct.gov](http://www.newingtonct.gov)

## **EXAMPLES FOOD BANK ITEMS**

Hot/cold cereals  
Hygiene items (toothpaste, shampoo, laundry detergent, deodorant, diapers)  
Canned Tuna  
Peanut Butter & Jelly  
Frozen Foods  
Canned Vegetables & Fruits (low salt/sugar & regular)  
Canned or boxed soups  
Canned meats  
Canned hams (non perishable)  
Juices  
Desserts (non perishable)  
Baby Food  
Pasta  
Sauces, salad dressings

## **EXAMPLES OF HOLIDAY FOOD ITEMS**

### **Meats**

Canned Hams  
Frozen Turkey Breasts  
Canned Tuna

### **Canned Vegetables**

Low salt/no salt & regular  
Green beans, squash, carrots, beets, yams,  
olives, pickles

### **Canned Fruit (no glass containers)**

Low sugar/no sugar & regular  
Peaches, pears, fruit cocktail, pineapple,  
Applesauce, cranberry sauce

### **Pasta**

All shapes, boxed macaroni & cheese,  
rice, boxed potato flakes

### **Stuffing**

Bags or boxes

### **Beverages**

Juice (cranberry, apple, tomato, V-8,  
Juice boxes), Tea/Coffee (decaf & reg.)

### **Sauces**

Turkey gravy, spaghetti sauce, salad dressing

### **Cereals (hot & cold)**

Oatmeal, Breakfast bars, Pop tarts, Cold

### **Desserts**

Cake mix, brownie mix, muffin mix, frosting, quick bread mix, canned pie filling & pie shells,  
Holiday cookie tins, cookies, cookie mix (non refrigerated), candy

**Gift Certificates to department stores, restaurants, prepaid gas/phone cards, etc.**